

- **Improve yields:** In cases of extreme weather and climate change, yields on organic farms are significantly higher than conventional farms. > [Read the Report by the UN Special Rapporteur on the Right to Food](#)
- **Create drought-resistant soil:** The addition of organic matter to the soil increases the water holding capacity of the soil. Regenerative organic agriculture builds soil organic matter. > [Learn More](#)
- **Revitalize local economies:** Family farming represents an opportunity to boost local economies. > [Read the FAO Report](#)
- **Preserve traditional knowledge:** Understanding indigenous farming systems reveals important ecological clues for the development of regenerative organic agricultural systems. > [Read the Action Aid Nepal Report](#)
- **Nurture biodiversity:** Biodiversity is fundamental to agricultural production and food security, as well as a valuable ingredient of environmental conservation. > [Read the Report](#)
- **Restore grasslands:** One third of the earth's surface is grasslands, 70% of which have been degraded. We can restore them using holistic planned grazing. > [See the Evidence](#)
- **Improve nutrition:** Nutritionists now increasingly insist on the need for more diverse agro-ecosystems, in order to ensure a more diversified nutrient output of the farming systems. > [Read the Report by the UN Special Rapporteur on the Right to Food](#)